UNIVERSITY OF THE
PACIFIC
HEARING & BALANCE CENTER

Tinnitus Intake Form

Patient Name ____ Date ____________________
First Last MI

Address ____
Street City State Zip

Home Phone ____________________________ Other Phone ____________________________

Sex ☐ M ☐ F Birth Date ____________________ Email Address ____________________________

Primary Care Physician ____________________ Referring Physician ____________________

PLEASE ANSWER THE FOLLOWING GROUPS OF QUESTIONS

Have you ever	
Had any noisy jobs?	☐ Yes ☐ No
Had any noisy hobbies or home activities?	☐ Yes ☐ No
Used solvents, thinners or alcohol based cleaners?	☐ Yes ☐ No
Taken any of the following medication: *Quininne, Quindidine, Streptomycin, Kantamycin, Dihydrostreptomycin, Neomycin*	☐ Yes ☐ No
Do you	
Have loose dentures, jaw pain or grinding or clicking sensation in the jaw?	☐ Yes ☐ No
Regularly take aspirin or dispirin?	☐ Yes ☐ No
Have any feelings of ear pressure or blockage?	☐ Yes ☐ No
General hearing problems	
Do you have any difficulties hearing when there is background noise?	☐ Yes ☐ No
Do you have difficulties understanding one-to-one conversations?	☐ Yes ☐ No
Do you have difficulties hearing the TV?	☐ Yes ☐ No
Do you have difficulties hearing on the telephone?	☐ Yes ☐ No
Do you find external sounds unpleasant or uncomfortable?	☐ Yes ☐ No
If so, please list:	
Do you wear ear protection / ear plugs?	☐ Yes ☐ No
If so, how often and under what circumstances?	
Affect of your tinnitus	
Over the past week, what percentage of the time you were awake were you aware of your tinnitus? *(e.g. 100% aware - all the time, 25% aware - 1/4 of the time)*	%
What percentage of the time was it disturbing?	%

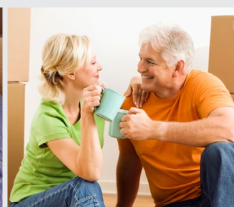
Rank the percentage (%) of time you are aware of the your tinnitus in the following situations (1-100%)

SLEEP

________%

QUIET ROOM

________%

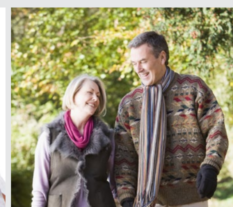


SMALL CONVERSATION

________%

AT WORK

________%



OUTDOORS

________%

IN CROWDS

________%

In which ear does your tinnitus occur? ☐ Left ☐ Right ☐ Both ☐ Worse Right ☐ Worse Left

Is your tinnitus constant or intermittent? ______________________________

Does your tinnitus fluctuate in intensity or loudness? ______________________________

What makes your tinnitus worse? ______________________________

What makes your tinnitus better? ______________________________

Does you tinnitus prevent you from getting to sleep at night? ☐ Yes ☐ No

Do you find exposure to moderately loud sounds make your tinnitus worse? ☐ Yes ☐ No

Does your tinnitus affect your sleep? ☐ Yes ☐ No

How has tinnitus affected your work life?

____

____

____

How has tinnitus affected your home life?

____

____

____

How has tinnitus affected your social activities?

____

____

____

TINNITUS HISTORY

When did you first become aware of your tinnitus and what do you consider to have first started your tinnitus?

____

____

When did your tinnitus first become disturbing?

____

Who have you consulted about your tinnitus? ______________________________

What have you been told about your tinnitus? ______________________________

What treatments have you tried for your tinnitus? ☐ None ☐ TRT ☐ Hearing Device ☐ Counseling ☐ Masker

☐ Music Therapy ☐ Other please comment ______________________________

How successful did you find these treatments? ______________________________

____

Please rank the auditory problems you experience: Not very troublesome (1) to very troublesome (10)

______ Hearing ______ Tinnitus ______ Sensitivity to loud sounds